

My Kidney Function Tracker

These three numbers tell us how well your kidneys are working. Bring this sheet to your visits, or fill it in from your MyChart results, so you and your care team can watch the trend over time.

General normal ranges (yours may differ, ask your care team):

Creatinine: less than 1.2 mg/dL eGFR: greater than 60 Urine protein: less than 150 mg/day

My baseline: Creatinine _____ eGFR _____ Urine protein _____

Date	Creatinine (mg/dL)	eGFR (mL/min)	Urine protein	Notes

This information is for general kidney health education. It is not a substitute for medical advice. Always talk with your own medical provider about your care.